



Chicken & Cheeze Chunks Lunch Box Menu

- Lisanatti Almond Cheeze - Cheddar Style Chunks, cut into cubes
- Chicken chunks, no antibiotics
- Vita Spelt - Spelt Pretzels
- Cherries, black
- Pineapple chunks
- Spring Water

TIPS: Keeping it simple works for kids. Chunks are bite-sized so kids can pop them into their mouths. The chicken and Almond Cheeze chunks are good sources of protein. The Spelt Pretzels will give kids fiber and filler food so bread does not need to be included. Be sure to carefully wash the black cherries. Buying in season will keep the cost down. And, oh do they taste good. Plus they are fun to eat. Add extra napkins for the fruit. Keep everything cold with small freezer packs.