



**Kid Critics Approved Product:
Once Again Smooth Almond Butter with Omega-3**



Open Face Almond Butter & Honey Sandwich

by Healthy Recipe Mom, Shelley

PANS/EQUIPMENT: Toaster oven or broiler and pan

PREP TIME: Less than 5 minutes

COOK TIME: 1-2 minutes

NUMBER OF SERVINGS: 1

2 teaspoons Once Again Almond Butter with Omega-3

1 slice whole grain bread

1 teaspoon honey

Spread almond butter on bread. Place on a pan in the toaster oven or under the broiler 1-2 minutes or until bubbly.

OPTIONS: Sprinkle with cinnamon, nutmeg, or pumpkin pie spice. Try spelt bread or sprouted grain bread. Shelly says this recipe is also good with Once Again Organic Peanut Butter with Omega-3.

FAMILY COMMENTS: **“Makes a delicious snack for kids” “Our kids loved this and ask for it frequently” (mother of 10 year old and 7 year old)**

RECIPE SOURCE: Shelley’s recipe

3 FOOD COLORS: Brown, tan, golden

3+ FOOD GROUPS: Nuts, grains, sweet, + spice option